

Track 4:

Rise And Shine

All:

Rise and shine, rise and shine,
Lift your tired head.
Rise and shine, rise and shine,
Time to leave your bed.

Look around, see the sun,
High up in the sky.
Spring is here everyone,
Open up your tired eyes.

Rise and shine, get a move on;
Stir your bones, come along.
Rise and shine, get a move on;
We have been in bed already far too long.

Rise and shine, rise and shine,
Lift your tired head.
Rise and shine, rise and shine,
Time to leave your bed.

Look around, see the sun,
Smiling through the rain.
Spring is here everyone,
Waking up the world again.

Rise and shine, get a move on;
Stir your bones, come along.
Rise and shine, get a move on;
We have been in bed already far too long.



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